

WOODBRIDGE ROTARY CLUB - RUFF STUFF 16/22 MILE PER LAP ROUTE V1

This route follows public roads, bridleways and Forestry Commission permissive routes. Please be considerate to other users.

L Left : R Right : IMM immediately : FK Fork : SHP Sharp : SO Straight On : T Tee Junction
X Cross Tracks : SP Sign Post : JCT Junction : TRK Track : CONT Continue : FO Follow : FR Forest Route
The organisers will have checked the route in the last few days and placed red arrow signs to indicate the route.

Riders Name: _____

START. Butley Village Hall. **Time:** _____

OS map 156 – grid ref: TM 3693 5110

From HQ turn R onto road to T JCT where R on to B1084. Bear L at next JCT, then L (SP No through road/Wantisden Valley). Just past first cottage turn L through fence (SP Bridleway). With farm buildings on the right, CONT on main TRK. Where sandy track bears sharp left, CONT SO onto grass track (SP. Bridleway). CONT along edge of wood to X TRK where SO, past caravan site on left, CONT over all TRKs until road is reached (Friday Street). At T-junction turn L. CONT to meet B1084 where SO onto Byway (FR 3) and CONT to fence of airbase, where R and follow to corner with JCT of TRKs. Turn L to follow airfield fence and R along farm fence line. Ignoring FIDO trail markers, CONT until JCT of TRK, where L. onto TRK to meet road (CARE). SO & CONT on Byway (SP Byway). In approx. 1/4 mile turn L at Bridleway (S3), SO all X TRKs and follow fence line. At JCT of TRK at Sewage Works SO, following fence line. CONT on bridleway, SO through gate to X-TRKs, to control 1 (TM3236 4642)

CONTROL 1 (7.8 miles): _____

1

OPTIONAL 5.5 mile Challenge loop

2

Continue east on Sandy track, FK L through gate (SP Bridleway); continue on sandy track, through 2nd gate and SO to X TRK, where R. At end of tree line FRK L along field edge to reach woods and enter narrow track, FK L in woods, (SP Bridleway) continue to meet road (CARE), where R on road. CONT for 0.5mile, where R (SP IPSWICH 14); Next L (SP Bridleway) [Sutton Hall Estate/Woodhall Drive], **Bear R** at cottages and CONT to meet main road. R along road to end of village. L)SP Byway, Old Post Office Lane); R at end of houses, L after farm (SP Byway), SO over Byway X TRKs to Control 1.

Control 1X: _____

L (SP Byway), SO at X-TRK, through gate. At cottage, take R-FK towards road at 'Red Lodge' cottage. At road, turn R and IMM L (SP Bridleway) Through gates (close afterwards), CONT SO over all TRKs and follow S7, through gates to join metalled forest road, R (S9) onto road, L onto S8. Continue to follow gravel track. At the end of the single track, R onto main TK, around barrier by road, IMM R onto Bridleway on field edge. CONT to end of field, L on TRK and L onto road. Follow SP's towards Butley for 1.5 mile. At cross road, R (SP Butley Low Corner/No Through Road) and along road/TRK to old chapel.

CONTROL 2 (14.2 miles): _____

3

At Old Chapel, L follow TRK, FK R, CONT on sandy track. At end of TRK turn L onto road. (TM 3834 5149) and follow to Butley village hall.

You now have the option of doing a second lap, but let the organisers know.

Time: _____ **Total Time:** _____

One lap of the standard loop is 16.4 miles, option to add on the 5.5 mile Challenge loop to make it 22 miles

Go around again doing one or both loops to take your total to 32, 38 or 44 miles.

4

We hope you enjoyed the ride.

Sorry we couldn't use the full 25/30 mile route this year.

RIDERS NOTES:

- Remember this is **not** a race, but a ride at a pace you can ride safely at.
- Helmets **MUST** be worn at all times
- There is a mix of surface types to ride over, some of which can be slippery or loose.
- Take care at road crossings, there is other traffic.
- Respect other riders and users, and take care passing them.
- Be aware dogs may be loose on trails
- Give way to walkers and horse riders
- Do not spook horses
- Keep to the tracks and don't venture into fields because it is an easier track

Emergency contact numbers:

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