

# WOODBIDGE ROTARY CLUB - RUFF STUFF 25/30 MILE ROUTE V1

This route follows public roads, bridleways and Forestry Commission permissive routes. Please be considerate to other users.

L Left : R Right : IMM immediately : FK Fork : SHP Sharp : SO Straight On : T Tee Junction  
X Cross Tracks : SP Sign Post : JCT Junction : TRK Track : CONT Continue : FO Follow : FR Forest Route  
The organisers will have checked the route in the last few days and placed red arrow signs to indicate the route.

**Riders Name:** \_\_\_\_\_

**START. Butley Village Hall. Time:** \_\_\_\_\_

OS map 156 – grid ref: TM 3693 5110

From HQ turn R onto road to T JCT where R on to B1084. Bear L at next JCT, then L (SP No through road/Wantisden Valley). Just past first cottage turn L through fence (SP Bridleway). With farm buildings on the right, CONT on main TRK. Where sandy track bears sharp left, CONT SO onto grass track (SP. Bridleway). CONT along edge of wood to X TRK where SO, past caravan site on left, CONT over all TRKs until road is reached (Friday Street). At T-junction turn L. CONT to meet B1084 where SO onto Byway (FR 3) and CONT to fence of airbase, where R and follow to corner with JCT of TRKs. Turn L to follow airfield fence and R along farm fence line. Ignoring FIDO trail markers, CONT until JCT of TRK, where L. onto TRK to meet road (CARE). SO & CONT on Byway (SP Byway). In approx. 1/4 mile turn L at Bridleway (S3), SO all X TRKs and follow fence line. At JCT of TRK at Sewage Works SO, following fence line. CONT on bridleway, SO through gate to X-TRKs, to control 1 (TM3236 4642)

**CONTROL 1 (7.8 miles):** \_\_\_\_\_

1

## OPTIONAL 5.5 mile Challenge loop

2

Continue east on Sandy track, FK L through gate (SP Bridleway); continue on sandy track, through 2<sup>nd</sup> gate and SO to X TRK, where R. At end of tree line FRK L along field edge to reach woods and enter narrow track, FK L in woods, (SP Bridleway) continue to meet road (CARE), where R on road. CONT for 0.5mile, where R (SP IPSWICH 14); Next L (SP Bridleway) [Sutton Hall Estate/Woodhall Drive], Bear R at cottages and CONT to meet main road. R along road to end of village. L )SP Byway, Old Post Office Lane); R at end of houses, L after farm (SP Byway), SO over Byway X TRKs to Control 1.

**Control 1X:** \_\_\_\_\_

L (SP Byway), SO at X-TRK, through gate. At cottage, take R-FK towards road at 'Red Lodge' cottage. At road, turn R and IMM L (SP Bridleway) Through gates (close afterwards), CONT SO over all TRKs and follow S7, through gates to join metalled forest road, R (S9) onto road, L onto S8. Continue to follow gravel track and follow green Tang Trail markers. At the end of the single track, ignore Tang Trail markers and R onto main TK, around barrier by road, IMM R onto Bridleway on field edge. CONT to end of field, L on TRK and L onto road. Follow SP's towards Butley for 1.5 mile. At cross road, R (SP Butley Low Corner/No Through Road) and along road/TRK to old chapel.

**CONTROL 2 (14.2 miles):** \_\_\_\_\_

3

At Old Chapel, L follow TRK, FK R, CONT on sandy track. At end of TRK turn R onto road. (TM 3834 5149)  
Pass with Butley Mills on the left to meet B1084 at Chillesford. Turn R at B1084 and then L by Phone Box into Pedlars Lane. At main X TRK (FR 34) turn R.  
In approx. 100yds, at barrier on right track (FR25), turn R & CONT over all TRKs until road (B1078), where SO (FR24). SO all X TRKs to meet road barrier and junction of Viking Trail (V10B marker).

**CONTROL 3 (18.2 miles):** \_\_\_\_\_

Turn L at V10B, R FRLk at V10C marker, then follow GREEN Viking Trail 'short cut' markers to cottage. At X-TRKS, turn L, pass cottages, CONT for about half a mile and turn R onto TRK and L at X-TRK to follow Viking Trail markers to carpark.

**CONTROL 4 (20.3 miles):** \_\_\_\_\_

L onto road to T-junction, IMM before B1069, L onto track. CONT SO TRK towards Tunstall Common, Bear R under power cables/pole to follow to exit of FR29. L onto road, then R onto Bridleway (sign- Bracken Farm Livery Yard) and follow for about 1 mile until X-TRKs of Pedlars Lane, where L & retrace to follow to road (B1084) – BEWARE of RIDERS coming towards you. At road R then IMM L to follow road to finish at Butley Village Hall.

4

**FINISH CONTROL :** \_\_\_\_\_

**Time:** \_\_\_\_\_ **Total Time:** \_\_\_\_\_

*We hope you enjoyed the ride. Any suggestions for improvement or comment are always welcome.*

## RIDERS NOTES:

- Remember this is **not** a race, but a ride at a pace you can ride safely at.
- Helmets **MUST** be worn at all times
- There is a mix of surface types to ride over, some of which can be slippery or loose.
- Take care at road crossings, there is other traffic.
- Respect other riders and users, and take care passing them.
- Be aware dogs may be loose on trails
- Give way to walkers and horse riders
- Do not spook horses
- Keep to the tracks and don't venture into fields because it is an easier track
- Be aware that the final section on Pedlars Lane will be two-way rider traffic, take care, but also don't get confused on where you are going.

**Emergency contact numbers:**

**07887 603440**  
or **07775 715733**  
or **07979 178664**